



The
Centre
For
Emotional
Development

▶ 18a Clermont Road, Brighton, East Sussex, BN1 6SG Tel: 01273 561 511

▶ www.emotionaldevelopment.co.uk

DAY CONFERENCE

Friday
15th October 2010

Teenage mothers and young fathers: challenges and opportunities

Venue:
Brighthelm Centre
North Road
Brighton
BN1 1YD

This is our Fifth Annual Conference on the early years of life. Previous conferences have been very well attended and reviewed. The conferences are organised on a 'not-for-profit' basis and we endeavor to provide high quality conferences at an affordable fee. The fee for this conference is £75.00 plus vat - (Total £88.12)

This year our conference will take the form of a study day, with internationally renowned speakers, looking at what it means to be a teenage mother or young father and how best to understand and be of help as a professional person working within this field.

Young people, male or female, who become parents, face many challenges, not least fast-forwarding their own maturation. Pregnancies may be unplanned, with the young people fearing and often experiencing negative reactions from families, professionals and wider society. Support for young fathers or the couple is particularly poor with most providers unaware that 80% of the babies born to teenage mothers are conceived within an ongoing relationship and that 78% of these young couples register the birth of their baby together.

Since early motherhood/fatherhood are so strongly correlated with social disadvantage and with disruption in families-of-origin, the challenges faced by the young parents are often multiple. However, there is no evidence that young mothers and fathers parent less effectively than older parents, once mental health and other disadvantages are addressed and appropriate support is provided.

The purpose of the conference is to enhance our understanding of the stresses and strains of being a teenage parent. Attendees will gain a better clinical awareness of this increasingly important area of work.

This conference will be relevant to midwives, health visitors, early year's workers, parents (including foster and adoptive), psychologists, paediatricians, social workers, G.P's, youth workers, housing providers and others working in this field.

**Please apply in writing to:
The Administrator, CfEd, 18a Clermont Road, Brighton, BN1 6SG -
tel: 01273 561511**

Or by e-mail to - info@emotionaldevelopment.co.uk

Or visit our web site www.emotionaldevelopment.co.uk for further details and to download an application form and details for payment by credit card.

The Centre For Emotional Development (CFED)
18a Clermont Road, Brighton, East Sussex, BN1 6SJ
tel: 01273 561 511 web: www.emotionaldevelopment.co.uk
email: info@emotionaldevelopment.co.uk

PROGRAMME

9.30	Tea/ Coffee and Registration
10.00	Welcome and opening remarks: Dr Leslie Ironside, Consultant Child and Adolescent Psychotherapist, Director Centre for Emotional Development Introductions within small groups
10.10	Family Nurse Partnership Program - enabling people to grow through emotional engagement. Kate Billingham - Project Director
10.50	Small group discussion and feed back to large group
11.15	Tea/Coffee Break
11.40	Why teenagers have babies Dr Margot Waddell, Consultant Child and Adolescent Psychotherapist - Tavistock Clinic
12.30	Small group discussion and feed back to large group
1.00	Lunch
2.0	Adolescence as a second chance Professor Joan Raphael-Leff, PhD Psychoanalyst, Social Psychologist UCL. Leader, Teen-Parenting Project, Anna Freud Centre.
2.45	Small group discussion and feed back to large group
3.10	Tea Break
3.35	Young Fathers Adrienne Burgess Head of Research, Fatherhood Institute
4.20	Small group discussion and feed back to large group
4.45	Closing Remarks
5.00	Close

Further Information:	The venue is wheel chair accessible and a BSL Interpreter is available on request
Location:	The centre can be accessed from by public transport and there is good parking.
Accommodation:	If you wish to stay nearby on the Friday, ask for addresses for accommodation within easy reach of the venue.
Certificates:	CPD Certificates of Attendance will be given at the event
Confirmation:	will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation
Cancellations:	Confirmed in writing 14 days before the conference date will be refunded, minus an administration fee of £30. We regret that no refund can be made after that date, although we will accept pre-notified substitutions.

Profits from events put on by CFED are used to sponsor a charity. The main charity we are sponsoring this year is Garden Africa – www.gardenafrika.org.uk. This is a UK based charity whose work is focused in Southern Africa. They establish productive organic training gardens in schools, hospitals and clinics, growing nutritious food and medicinal plants. These gardens offer practical and effective solutions for building community health and livelihoods, ensuring the continuation of vital botanical and horticultural knowledge through to the next generation. For many children this ‘passing’ of generational knowledge has been seriously compromised through the death of parents through HIV/AIDS. GardenAfrica works with knowledgeable and trusted local partners, to guarantee the safe and thoughtful delivery of donor support, providing a more sustainable future for the most vulnerable.

Being a teenage Parent

Please complete and return to CFED. Closing date: 1st October 2010

(Details as you would like them to appear on your badge - please print in capitals)

Name:.....

Title: Professor/Dr/Mr/Mrs/Ms/Miss

Job Title.....

Organisation.....

Work Address:

Address for correspondence (if different)

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Daytime telephone numbers:.....

Email:.....

Conference Fees (to include refreshments and lunch): **Reduced Rates for block booking** – 1 additional free place if you book five places

In the light of the current economic climate we have worked very hard to price this conference at an affordable fee of -
£75.00 plus vat - Total £88.12

Payment by cheque I enclose a cheque for £.....(payable to CFED)

Payment by credit card Visa/Mastercard/Eurocard/Maestro/AmEx

Please charge £.....to my.....card

Expiry Date...../.....

Security Code.....

Name on Card.....

If Maestro – issue number.....

Card Number:.....

If Maestro – valid from...../.....

Cardholders Billing Address:.....

Signed.....

Date:.....

Please Invoice – If address to send invoice is different from above please attach details.

The venue is wheel chair accessible and a BSL interpreter can be asked to attend if so requested. Please let us know if you have any further requirements to enable you to participate fully in the day and if you have any special dietary requests.

Data Protection Act: by signing this application, I agree to the CFED keeping data about me for the administration of training courses and conferences. All data held by CFED is not revealed to any individual or organization other than that required by statute.

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